

Sample Schedule

CARDIO			RENAL		REVIEW	RENAL
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
1: BRS Physiology Cardiovascular (3 hours)	1: Pathoma Vascular Pathology (1 hour)	1: Read FA embryo (1 hour)	1: BRS physiology Renal/ Acid Base (3 hours)	1: Pathoma Kidney (1.5 hours)	Review based on weaknesses, strengths and goals.	1: Pathoma Kidney (1.5 hours)
2: UNUSED UWorld SET: UWorld 25q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select cardiology and blood vessels (~30 min)	2: Pathoma Cardio Pathology (1.5 hours)	2: Read FA pharm (2 hours)	2: Pharmacology flaschcards (1 hour)	2: Pathoma Kidney video (95 min)		2: UNUSED UWorld SET: UWorld 30q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select Renal, genitourinary (~40 min)
3: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	3: Pharmacology flashcards (1 hour)	3: Read FA cardiovascular (3 hours)	3: BRS physiology Renal/ Acid Base (3 hours)	3: UNUSED UWorld SET:UWorld 30q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select Renal, genitourinary (~40 min)		3: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)
4: BRS Physiology Cardiovascular (3 hours)	4: Pathoma Vascular video (70 min)	4: UNUSED UWorld SET: UWorld 25q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select cardiology and blood vessels (30 min)	4: UNUSED UWorld SET: UWorld 30q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select Renal, Genitourinary (~40 min)	4: Review ALL questions both correct and incorrect (1.5 hours)		4: Micro cards (1 hour)
5: UNUSED UWorld SET: UWorld 25q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select cardiology and blood vessels (~30 min)	5: Pathoma Cardiac Video (1.5 hours)	5: Review ALL questions both correct and incorrect. Flashcards on high yield questions (1.5 hours)	5: Review ALL questions both correct and incorrect. Flashcards on high yield questions (1.5 hours)	5: Micro flashcards (1 hour)		5: UNUSED UWorld SET: UWorld 30q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~40 min)
6: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	6: UNUSED UWorld SET: UWorld 25q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select cardiology and blood vessels (~30 min)	6: Read FA cardiovascular (2 hours)	6: Memorang (1 hour)	6: UNUSED UWorld SET: UWorld 25q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select Renal, genitourinary (~30 min)		6: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (2.5 hours)
7: Memorang flashcards (1 hour)	7: Review ALL questions both correct and incorrect. Make flash cards on high yield questions (1.5 hours)	7: Memorang (2 hours)	7: Review UWorld cards (1 hour)	7: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)		7: Memorang (1 hour)
11 HOURS TOTAL	10: Pharmacology flashcards (1 hour)	12 HOURS TOTAL	12 HOURS TOTAL	8: Review self made UWorld Cards (1 hour)		8: Review self made UWorld flashcards (1 hour)
				9: UNUSED UWorld SET: UWorld 25q Test Mode- Timed; Questions Mode-Unused; Select all Main divisions; Select Renal, genitourinary (~30 min)		
				10: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)		
				11: Memorang (1 hours)		
				12 HOURS TOTAL	12.5 HOURS TOTAL	

Sample Schedule



GI			HEME/ONC		REVIEW	NBME
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
1: BRS Physiology Gastrointestinal (2 hours)	1: Pathoma GI and Pancreas/GB/Liver (3 hours)	1: FA GI embryo (15 min)	1: Pathoma Hemostasis (1.5 hours)	1: FA Hematology and Oncology (2.5 hours)	Review based on weaknesses, strengths and goals.	1. NBME + Review of select questions (6 hours)
2: Micro cards (1 hour)	2: Pathoma videos GI (157 min)	2: FA Gastrointestinal (2.5 hours)	2: Pathoma video Hemostasis (111 minutes)	2: Micro cards (1 hour)		
3: BRS Physiology Gastrointestinal (2 hours)	3: Pathoma videos pancreas/GB/Liver (65 min)	3: Memorang (1 hour)	3: Pathoma RBC disorders (1.5 hours)	3: FA Hematology and Oncology (2.5 hours)		
4: UNUSED UWorld SET: UWorld 30q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~40 min)	4: Micro cards (1 hour)	4: FA Gastrointestinal (2 hours)	4: Pathoma Video RBC at 1.4x (117 min)	4: UNUSED UWorld SET: UWorld 30q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select Hematology/Onc (~40 min)		
5: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	5: UNUSED UWorld SET: UWorld 30q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~40 min)	5: UNUSED UWorld SET: UWorld 30q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~40 min)	5: Pathoma WBC disorders (1.5 hours)	5: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)		
6: UNUSED UWorld SET: UWorld 25q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~40 min)	6: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	6: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	6: Pathoma Video WBC at 1.4x (84 min)	6: Review UWorld Cards (1 hour)		
7: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	7: UNUSED UWorld SET: UWorld 25q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (~30 min)	7: Review UWorld Cards (1 hour)	7: UNUSED WORLD SET: UWorld 25q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select Hematology/Onc (30 min)	7: UNUSED UWorld SET: UWorld 25q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select Hematology/Onc (30 min)		
8: Pharm cards (2 hours)	8: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	8: UNUSED UWorld SET: UWorld 44q Test Mode-Timed; Questions Mode-Unused; Select all Main divisions; Select gastrointestinal, hepatobiliary (1 hour)	8: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	8: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)		
	9: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (1.5 hours)	9: Review ALL questions both correct and incorrect. Make flashcards on high yield questions (2.5 hours)	9: Memorang (1 hour)	9: Memorang (1 hour)		
11.5 HOURS TOTAL	11.5 HOURS TOTAL	12 HOURS TOTAL	13 HOURS TOTAL	11.5 HOURS TOTAL	2: BRS physiology Respiratory (4 hours)	3: Memorang (2 hours)
						12 HOURS TOTAL